

Online Mentoring: Updated in March 2022

# ONLINE MENTORING

## Mentoring Hartford's Youth.

The HKYO mentoring component uses a “sports mentoring” model creating a relationship between the mentor and mentee that is ongoing, fulfilling and inspiring.



## The Program

The program is designed to help young people meet their full potential by increasing their connectedness to positive, supportive entities. Each participant is connected to a mentor who assists in developing positive life skills, academic improvement and career guidance.

## Outreach

In addition, there is specific outreach to each family member of the participant, as well as, a community component that fosters commitment to the “human village”.

## Components

Research shows that three protective buffers are significant in moving a child from an “at-risk” to “resiliency” status. These safeguards include caring relationships, positive and high expectations and opportunities to participate and contribute. Each component of the Hartford Knights Organization is designed to develop these components.

### Contact Information

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HKYO - Hartford Knight Youth Organization

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